



# Final Conference - Agenda

Brussels - 10th of May 2023

COMET Louise, Place Stéphanie 20, 1050 Brussels

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# "Taking a Stance4Health - Personalised Nutrition for Public Health"

## Stance4Health Final Conference

### 10<sup>th</sup> May – Conference Day

Timeslot	Presentation	Speaker
8:30-9:00	Welcome coffee & Registration	
Session I – Setting the table: Taking a Stance4Health – Personalised Nutrition and NCDs in Europe Moderator: José Ángel Rufián Henares		
9:00-9:15	Welcome and Opening	José Ángel Rufián Henares (University of Granada)
9:15-9:30	Keynote speech - Current policies and future legislative regarding NCDs in Europe	EC (tbc)
9:30-9:45	Keynote speech – Role for (personalised) nutrition and lifestyle interventions in coping NCDs	EFAD (tbc)
9:45-10:00	Keynote speech – Personalised Nutrition and data security	EuroFIR (tbc)
Coffee Break (30 min)		
Session II – More than gut feelings: The link between nutrition, the gut microbiome and NCD prevention Moderator: tbc		
10:30-10:45	"The role of nutrition in childhood obesity"	Fabio Lauria (CNR)
10:45-11:00	Research perspective with link between the microbiome and NCDs	University of Galway (tbc)
11:00-11:15	"Modulating the gut microbiome with foods and food supplements"	Maria Pilar Francino (FISABIO)
11:15-11:30	Overview Stance4Health Trials	José Ángel Rufián Henares (University of Granada)
11:30-12:30	Panel Discussion on the role of Personalised Nutrition in lifestyle interventions	Session Speakers and Moderator
Lunch Break (60 min)		
Session III – Custom Cuisine: Personalised Nutrition & the science underneath Moderator: Darius-Aurel Frank (Aarhus University)		
13:45-14:00	"Considerations for the successful commercialization of personalized nutrition services"	Klaus G. Grunert (Aarhus University)
14:00-14:10	Product presentation – Live presentation of the i-Diet app	Verónica González (GSN)

14:10-14:30	i-Diet app – The science underneath <ul style="list-style-type: none"> <li>• AGREDA model</li> <li>• Food Composition Database</li> </ul>	<ul style="list-style-type: none"> <li>• Francisco Javier Planes Pedreño (TECNUN/ University of Navarra)</li> <li>• tbc</li> </ul>
14:30-14:45	Targeting the gut microbiome through food products & food supplements	Samuele Giovando (SANAVI)
14:45-15:15	Food for Thought: Exploring other bite-sized approaches on personalised nutrition	CHANCE & DISH cluster projects, PERSFO project (tbc)
Coffee Break (30 min)		
Session IV – Beyond the plate: Future approaches and requirements for a personalised public health century Moderator: tbc		
15:45-16:45	Introduction: “Is the world ready for the i-Diet app?” Panel Discussion: “Personalised Nutrition: The Future of Public Health Policy?” <ul style="list-style-type: none"> <li>• A Bite of Privacy: Challenges &amp; Opportunities of Data Security in Personalised Nutrition</li> <li>• Implementation in Real World Scenarios – Obstacles and Opportunities</li> <li>• Personalised Nutrition in clinical &amp; workplace settings</li> </ul>	<ul style="list-style-type: none"> <li>• Darius-Aurel Frank (Aarhus University)</li> <li>• Twinds Foundation/DRG4FOOD (tbc)</li> <li>• NKUA (tbc)</li> <li>• Maastricht University (tbc)</li> <li>• Vitagora (tbc)</li> </ul>
16:45-17:00	Closure of the Conference	José Ángel Rufián Henares (University of Granada)
Networking – 17:00-18:30		